

6° CONGRESO ARGENTINO de Nutrición Pediátrica

Mesa Redonda: Soporte nutricional en la enfermedad

Fibrosis quística en Argentina

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Servicio de Nutrición
Hospital de Niños de La Plata



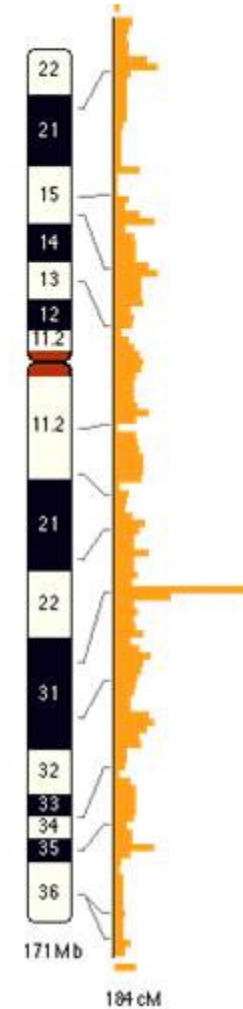
Objetivos

- Impacto de la pesquisa neonatal
- Factores que influncian la sobrevida
- Importancia de la intervención precoz
- El acceso a la salud
- Nuevas terapias

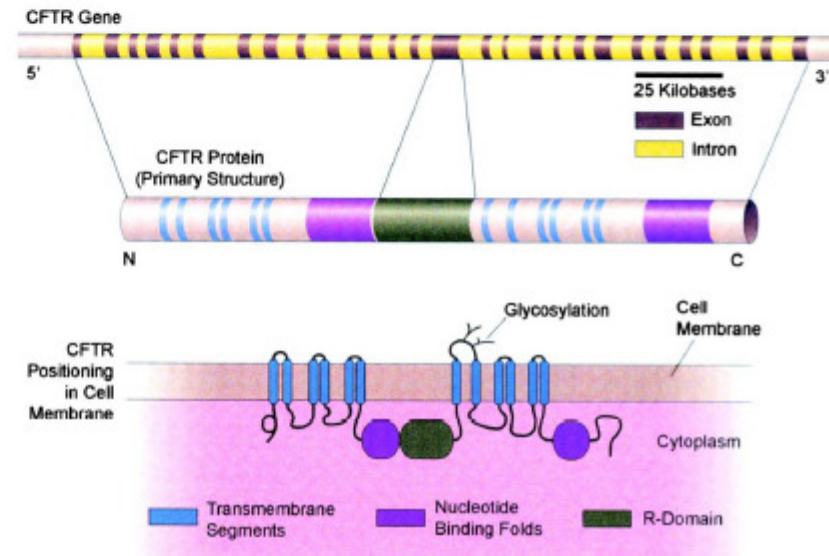
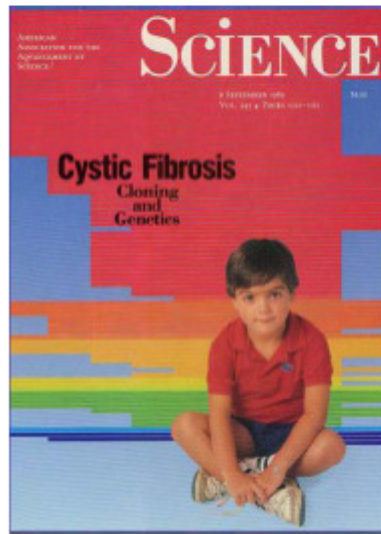
Descubrimiento del gen asociado a la FQ, agosto, 1985



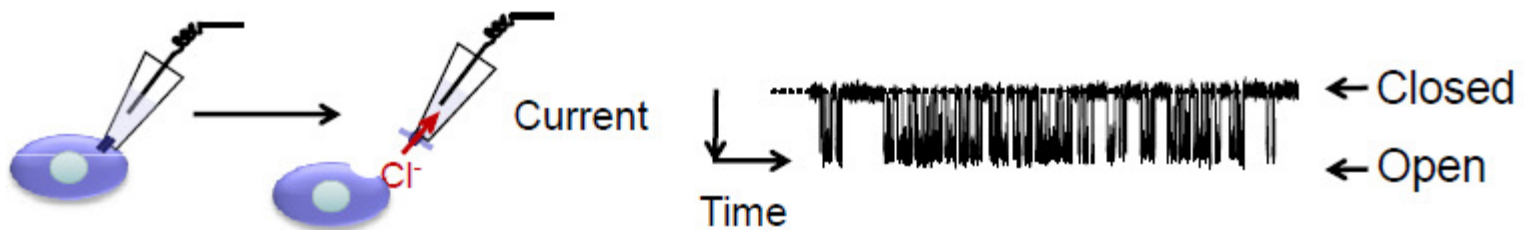
Lap-Chee Tsui, Collins y Rommens



Avances en el conocimiento del defecto CFTR en la Fibrosis Quística



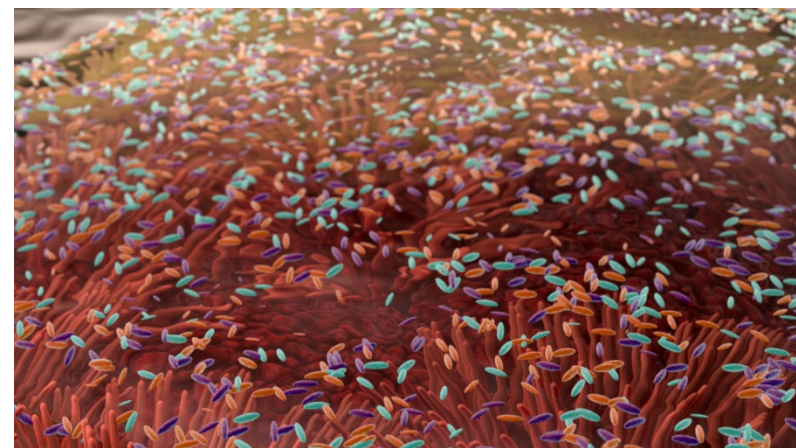
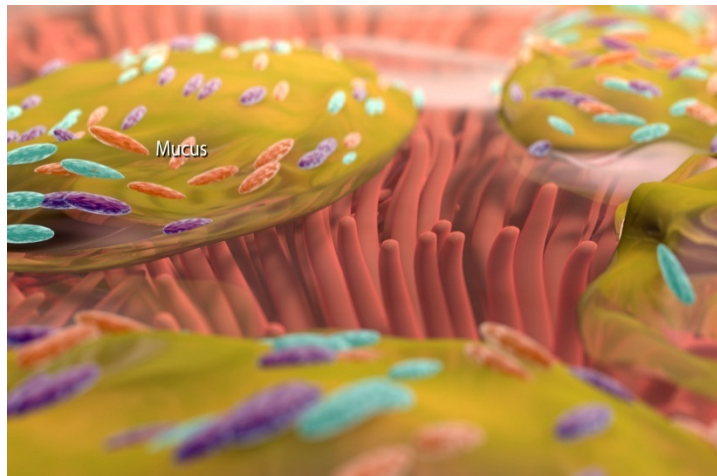
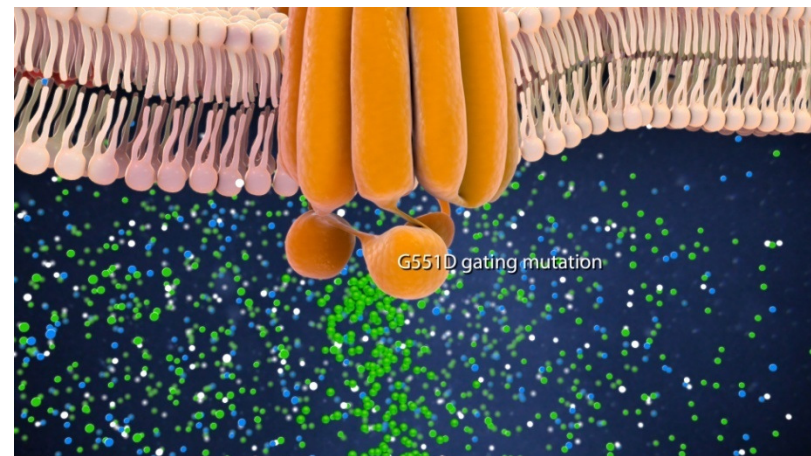
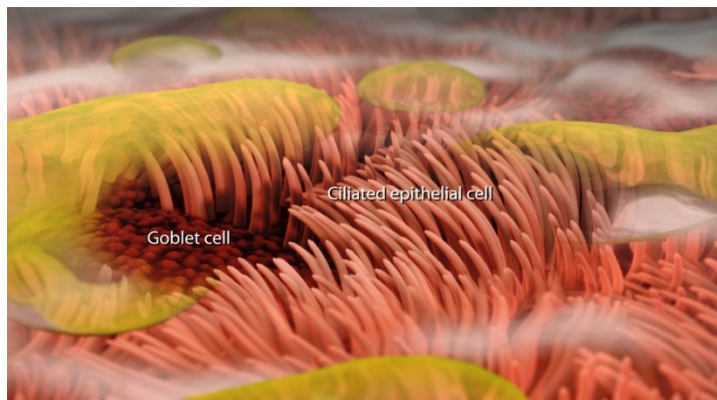
Gibson RL et al., *Am J Respir Crit Care Med* 2003



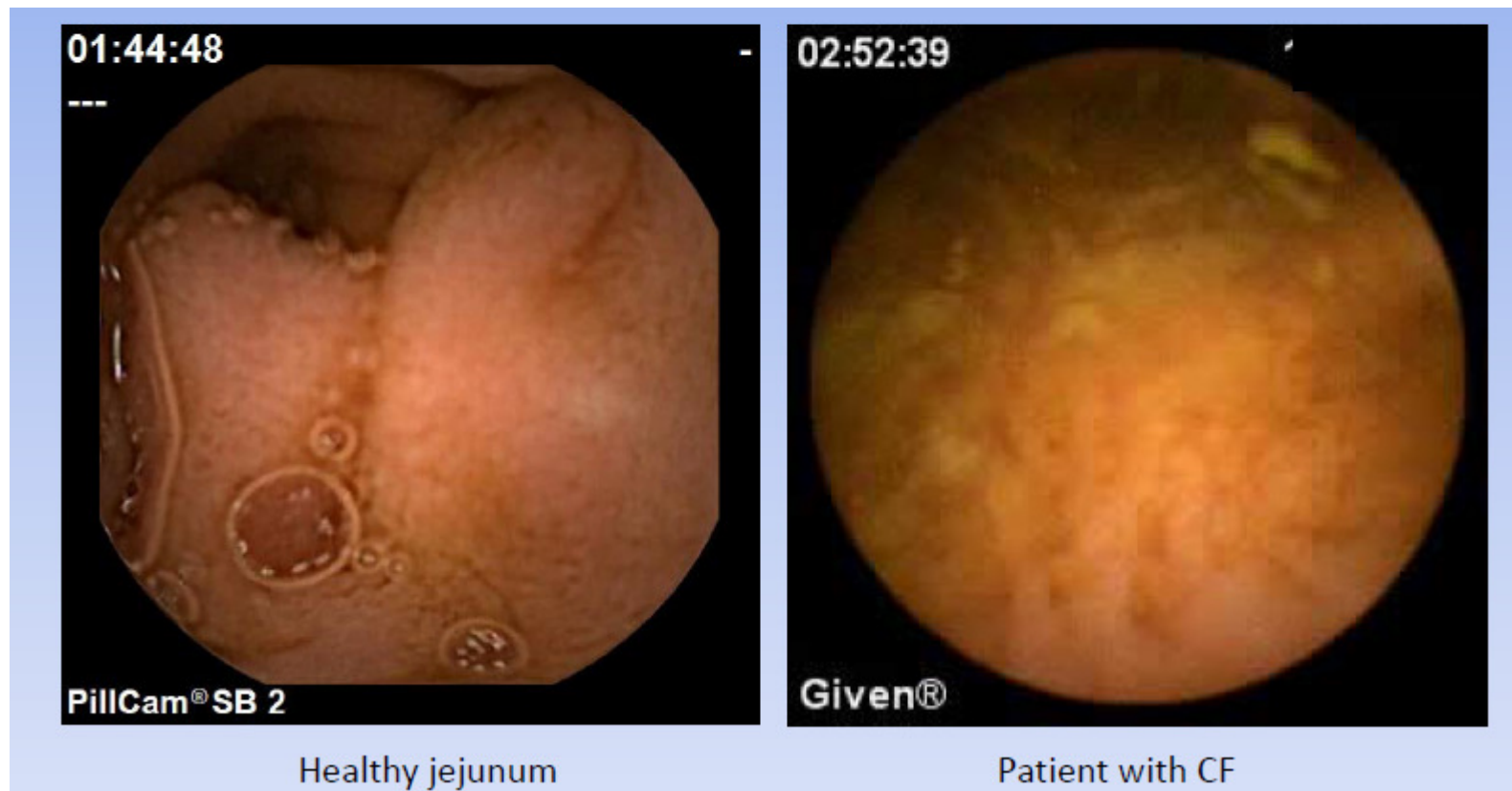
Defectos del CFTR

	Normal	Class I	Class II	Class III	Class IV	Class V
DESCRIPTION	CFTR is created, reaches cell surface and functions properly, allowing transfer of chloride and water.	No functional CFTR created.	CFTR protein is created, but misfolded, keeping it from reaching the cell surface.	CFTR protein is created and reaches cell surface, but the gate does not function properly.	The opening in the CFTR protein ion channel is faulty.	CFTR is created in insufficient quantities.
EXAMPLES		G542X W1282X R553X	F508del N1303K I507del	G551D S549N V520F R117H	R117H D1152H R347P	3849+10kbC->T 2789+5G->A A455E

DEFECTO DEL CFTR



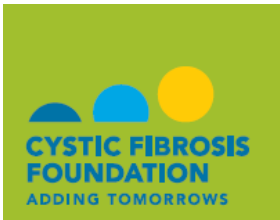
Alteraciones similares entre el tracto gastrointestinal y la vía aérea



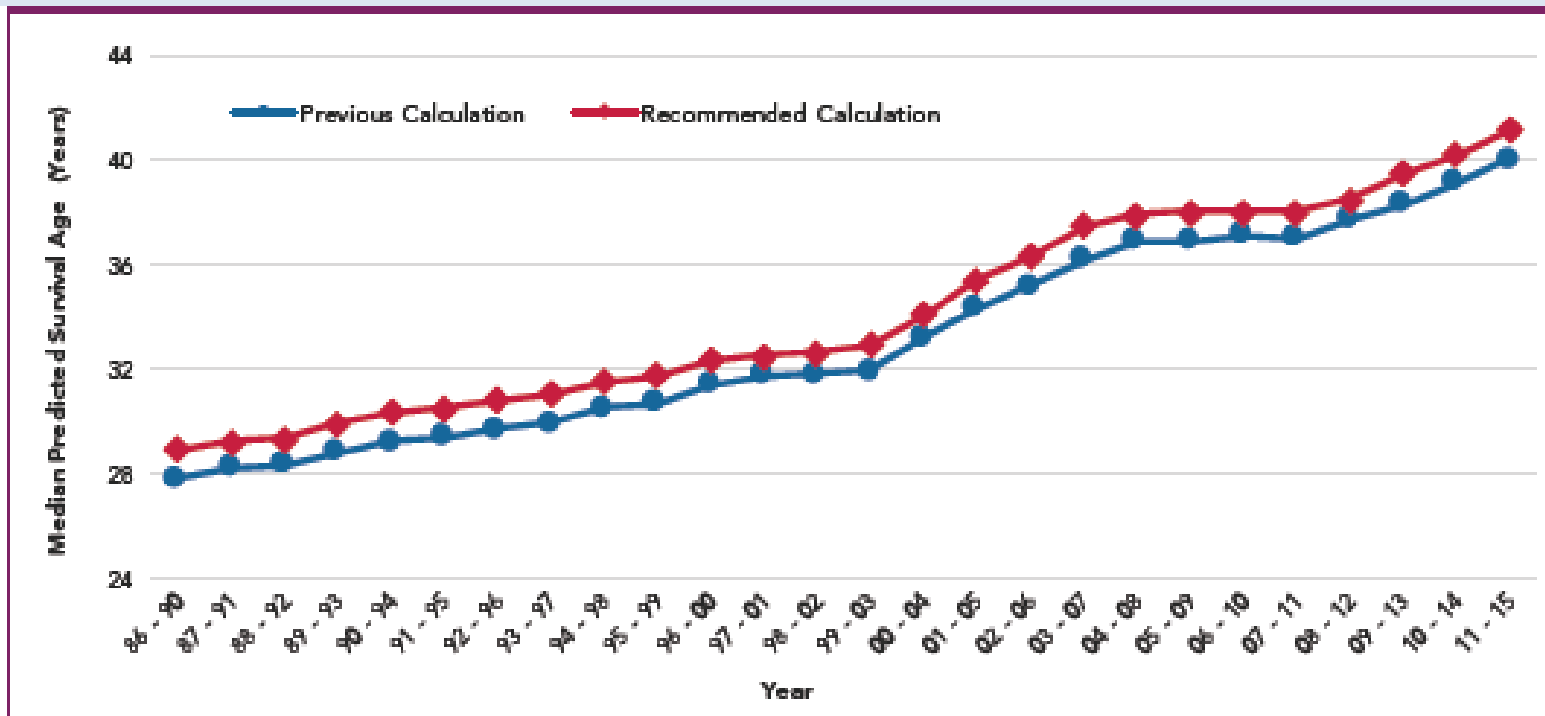


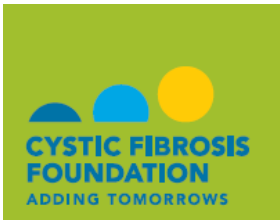
ONE GENE, TWENTY YEARS

When the cystic fibrosis gene was found in 1989, therapy seemed around the corner. Two decades on, biologists still have a long way to go, finds **Helen Pearson**.

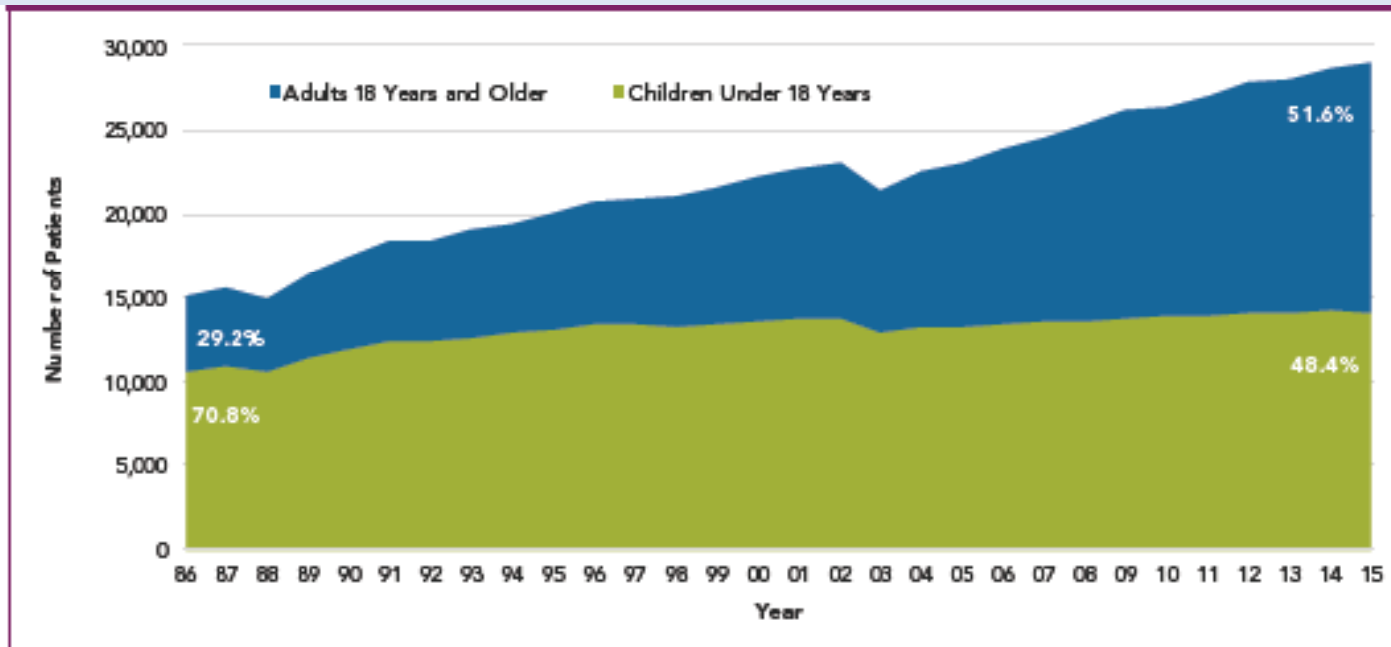


Sobrevida media, años 1986-2015 CFF





Número de pacientes adultos/pediátricos 1986-2015




The decrease in the number of individuals in 2003 is due to a delay in obtaining informed consent forms before the close of the calendar year at some CF care centers.

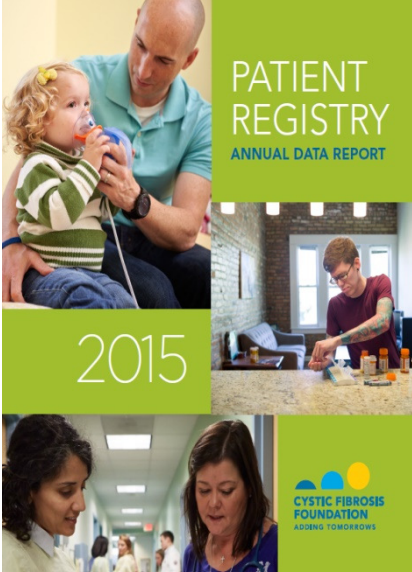
2014

ECFS Patient Registry

Annual Data Report



European Cystic Fibrosis Society
Kastanienparken 7
7470 Karup
Denmark



PATIENT
REGISTRY
ANNUAL DATA REPORT

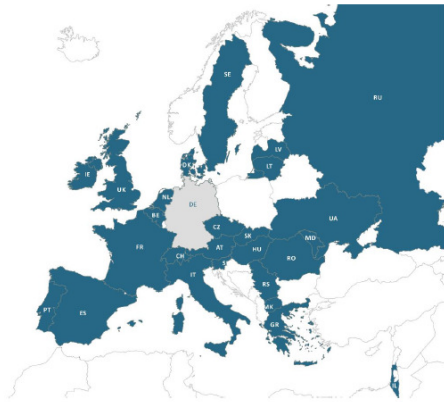
2015

CYSTIC FIBROSIS
FOUNDATION
ADDING TOMORROWS



Cystic Fibrosis
Canada

THE CANADIAN CYSTIC FIBROSIS REGISTRY



Countries that contributed 2014 data are in blue.
Germany, who will send these data at the end of 2016, is in grey.



IV Congreso Argentino de Fibrosis Quística
Del 30 de marzo al 1 de abril de 2017 - Auditorio Angel Bustelo - Mendoza

REGISTRO NACIONAL DE FIBROSIS QUÍSTICA RENAFQ

Grupo Registro Nacional de Fibrosis Quística



Coordinadores del RENAFQ- INER/ANLIS

Sandra Bertelegni
Claudio Castaños
Lilian Cano
Diego Garcilazo
Silvia Pereyro
Fernando Rentería

Fibrosis Quística: Diagnóstico

	Europa	USA	Canadá	Argentina
Población (millones aprox.)	740	320	35	42
FQ en Registros	35582	28583	4108	1049
Diag. por pesquisa	75% < 5 años	59.6%	43.3%	32.6%
Delta f508	81.6%	86,4%	89.7%	73.1%
Edad de diag.	Media 4.1 a Mediana 3.6m	Media 3,8 a Mediana 4m	68.8% < 1 año	63.3% < 1año

Pesquisa neonatal



ECFSPR
European Cystic Fibrosis Society Patient Registry

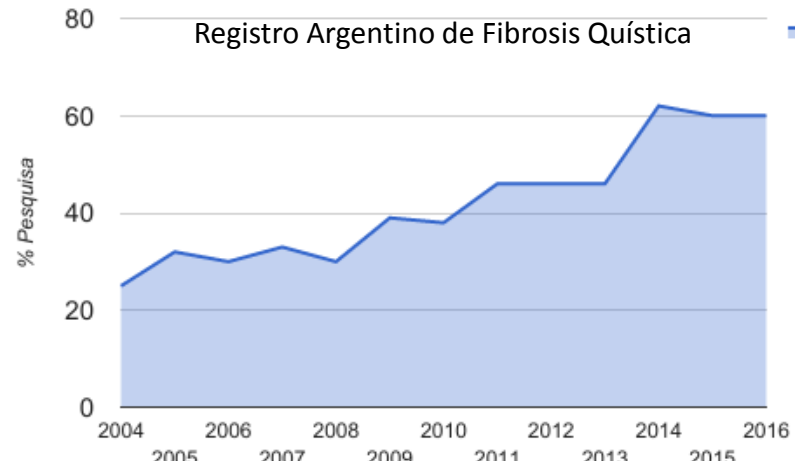
Annual data report (year 2014)
Version 02.2016

Figure 2.3 Proportion of patients who underwent neonatal screening, by country and overall. Patients 5 years old or younger seen in 2014.

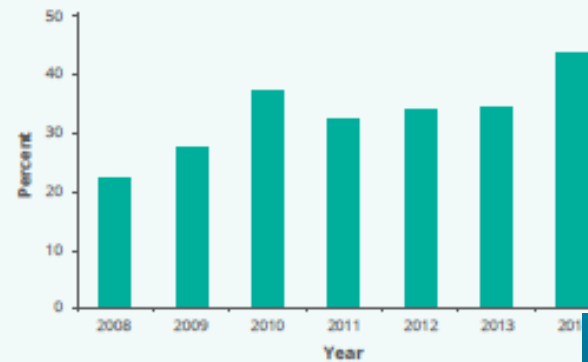


Note: For Czech Republic, Israel and Italy the information on neonatal screening is missing for more than 10% of the patients.
Czech Republic: positive answers ("neonatal screening performed") are reported when neonatal screening is one of the factors that led to CF diagnosis.
France: neonatal screening is recorded only if it is part of the diagnosis.
United Kingdom: new born screening has been introduced for all babies born across the UK since 2007. The data above indicate that the CF diagnosis was suggested by neonatal screening.

Porcentajes de casos nuevos diagnosticados por pesquisa



Proportion of all new diagnoses made through the NBS program, 2008 to 2014



EVALUACIÓN CLÍNICA-FUNCIONAL DE NIÑOS CON FIBROSIS QUÍSTICA (FQ) DETECTADOS POR PESQUISA NEONATAL O POR SÍNTOMAS CLÍNICOS: CUATRO AÑOS DE SEGUIMIENTO

		2005			2006			2007			2008	
	z IMC	Z T/E*	VEF ₁	Z IMC*	Z T/E*	VEF ₁	z IMC	Z T/E*	VEF ₁	z IMC	Z T/E	VEF ₁ *
P	0,18	-0,21	96%	0,44	-0,28	86%	0,12	0,07	95%	-0,07	0,06	93%
S	-0,17	-0,95	88%	-0,50	-1,01	76%	-0,50	-0,80	83%	-0,45	-0,80	76%

*P 0.05

Variables	Grupo P	Grupo S	p
Edad al diagnóstico (años)	0,16 ± 0,13	1,03 ± 1,23	0,002
Edad derivación (años)	0,98 ± 1,69	1,28 ± 1,25	0,5

Beneficios de la Pesquisa Neonatal

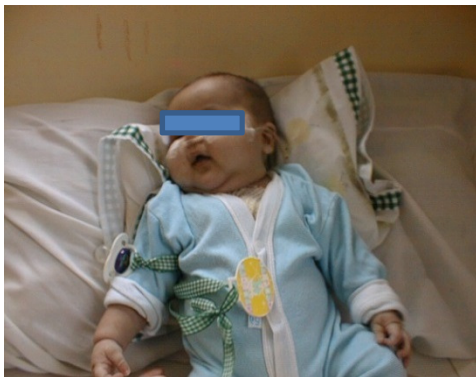
Mortalidad: disminución de la mortalidad temprana

(<5 a. 4/59 vs. 0/74)

Tratamiento especializado precoz



**Evitar complicaciones tempranas
(s. pérdida salina/edema-anemia-hipoproteïnemia)**



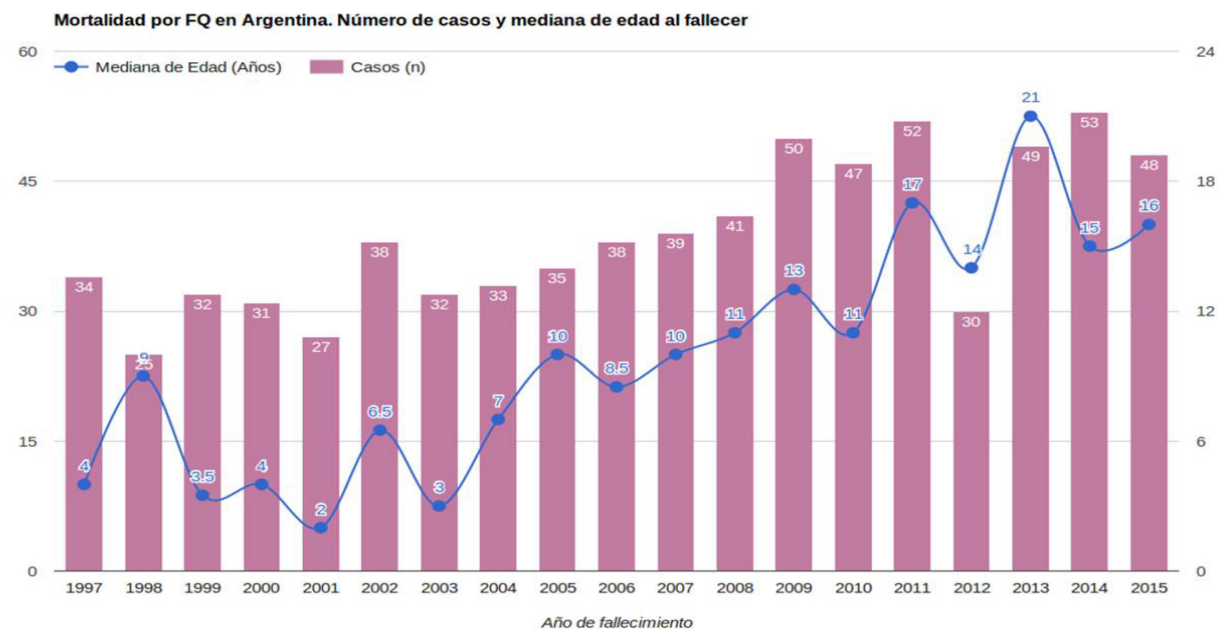
**Newborn screening for cystic
fibrosis: evidence for benefit**

Arch. Dis. Child. 2008;93;7-10

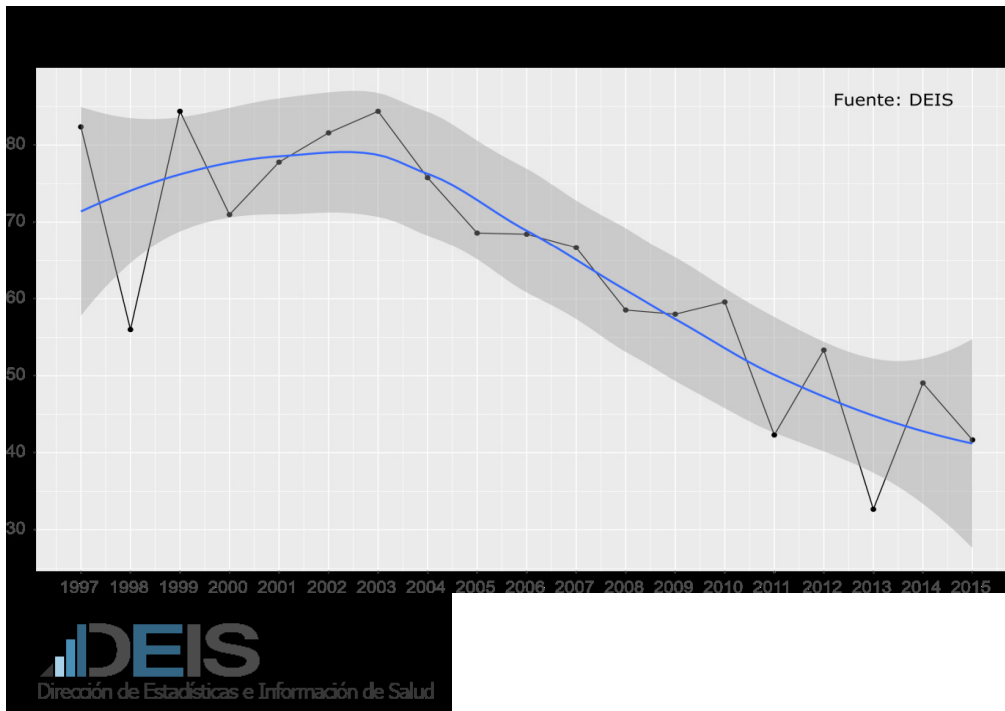
Edad de fallecimiento/ Sobrevida

	Europa	USA	Canadá	Argentina
Edad M fallecimiento	28.7 a	30.1 a	32.4 a	*
Sobrevida media esperada		41.6 a	51.8 a	*

*



Mortalidad por Fibrosis Quística. Años 1997-2015. Porcentaje menores de 15 años



- **Acceso a tratamiento por interdisciplina**
- **Tratamiento temprano de la enf. pulmonar**
- **Abordaje de la malnutrición**

*George PM, 2011; Yen EH, 2013;
MacKenzie T, 2014.*

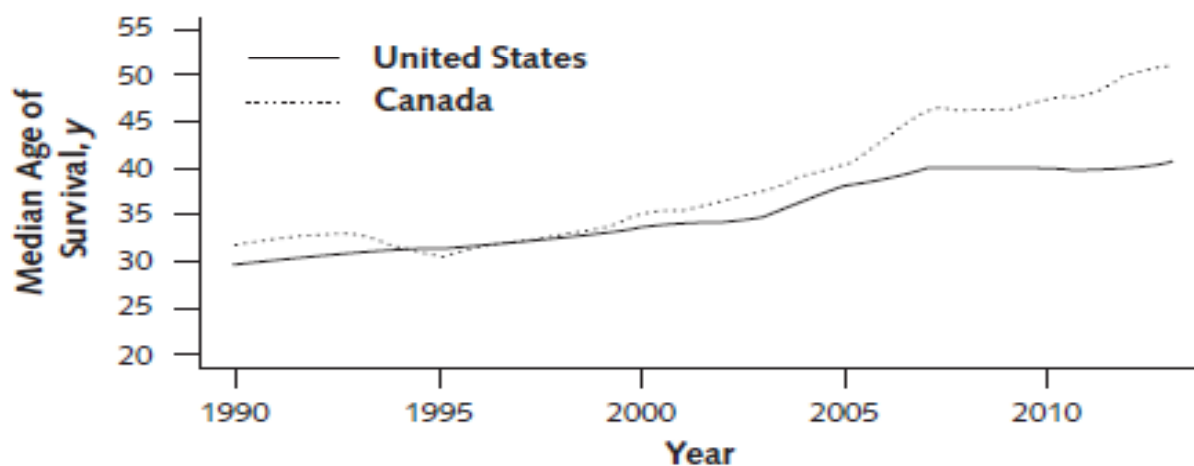
Survival Comparison of Patients With Cystic Fibrosis in Canada and the United States

A Population-Based Cohort Study

Ann Intern Med. doi:10.7326/M16-0858

Anne L. Stephenson, MD, PhD; Jenna Sykes, MMath; Sanja Stanojevic, PhD; Bradley S. Quon, MD, MSc; Bruce C. Marshall, MD; Kristofer Petren, BA, BSc; Josh Ostrenga, MSc; Aliza K. Fink, DSc; Alexander Elbert, PhD; and Christopher H. Goss, MD, MSc

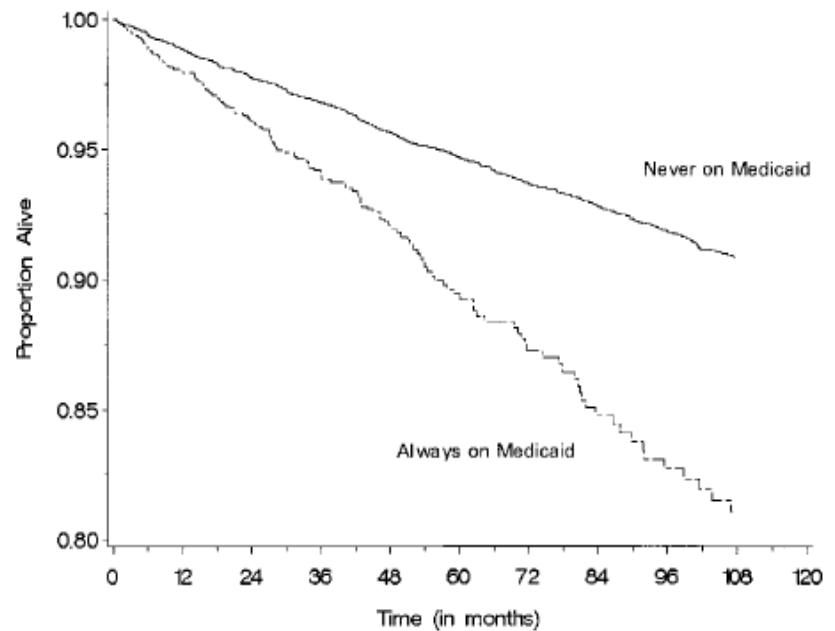
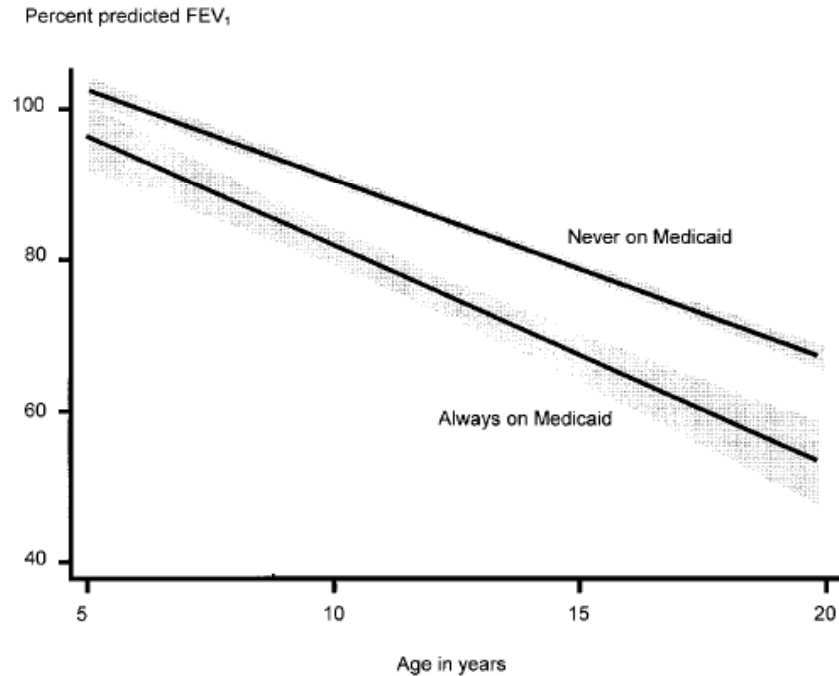
Median age of survival over time.



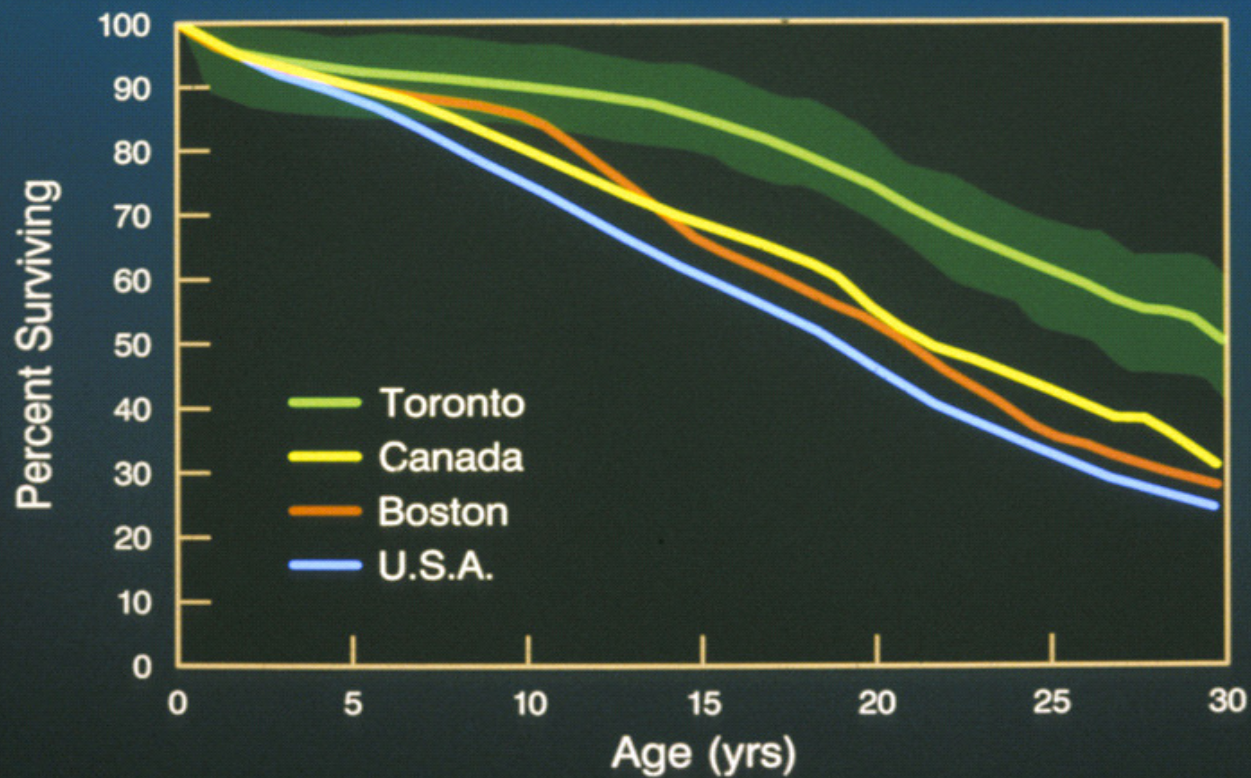
“The reasons for the survival gap is definitely multifactorial and not based on one factor alone...We hypothesize that three factors may be playing a role in the survival gap: lung transplantation; differences in the two health care systems; the differential approach to nutrition in the 1970s that started first in Canada,” Anne Stephenson

The Association of Socioeconomic Status with Outcomes in Cystic Fibrosis Patients in the United States

MICHAEL S. SCHECHTER, BRENT J. SHELTON, PETER A. MARGOLIS, and STACEY C. FITZSIMMONS

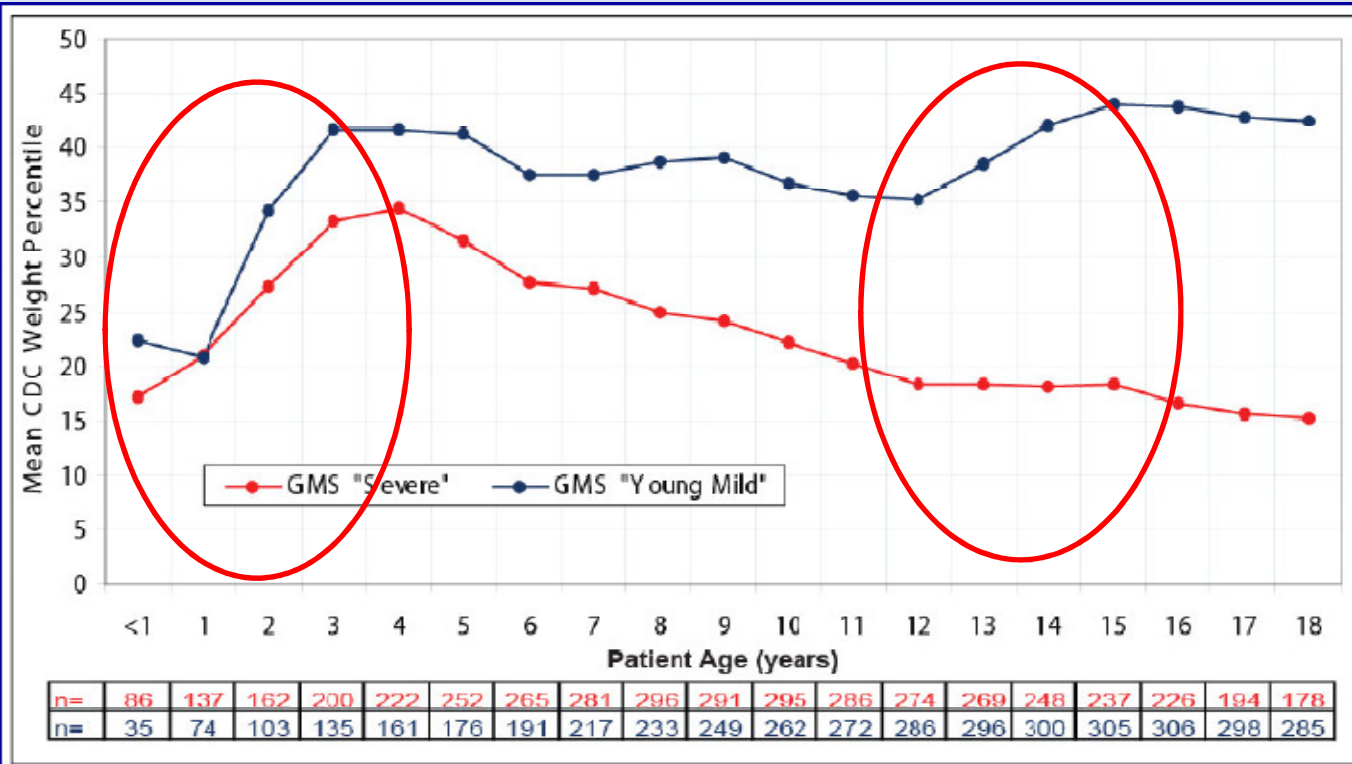


1972-81 Survival Curves CF Patients with Normal Birth



Corey M et al. J Clin Epidemiol 1988;41:583-91

FIBROSIS QUÍSTICA



Intervenciones Nutricionales
Educación-Dieta
Conducta Alimentaria
Nutrición Enteral

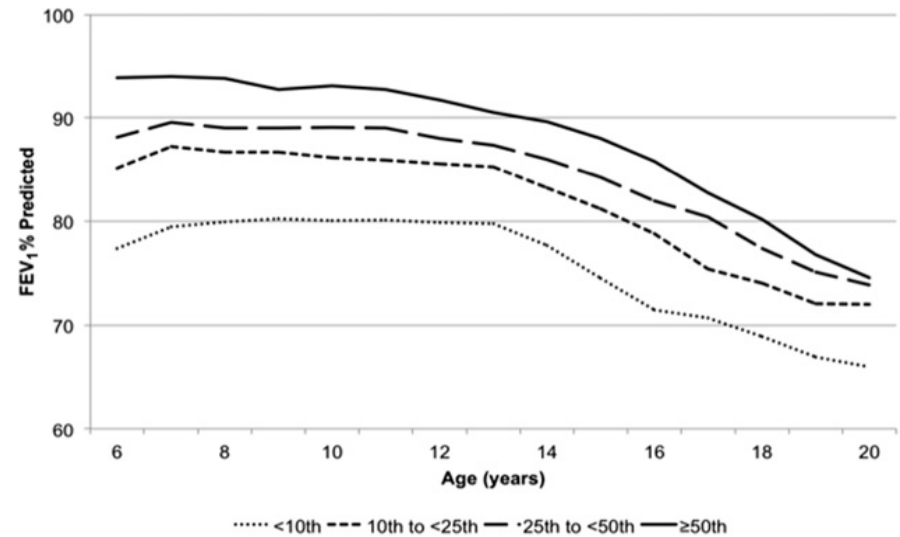
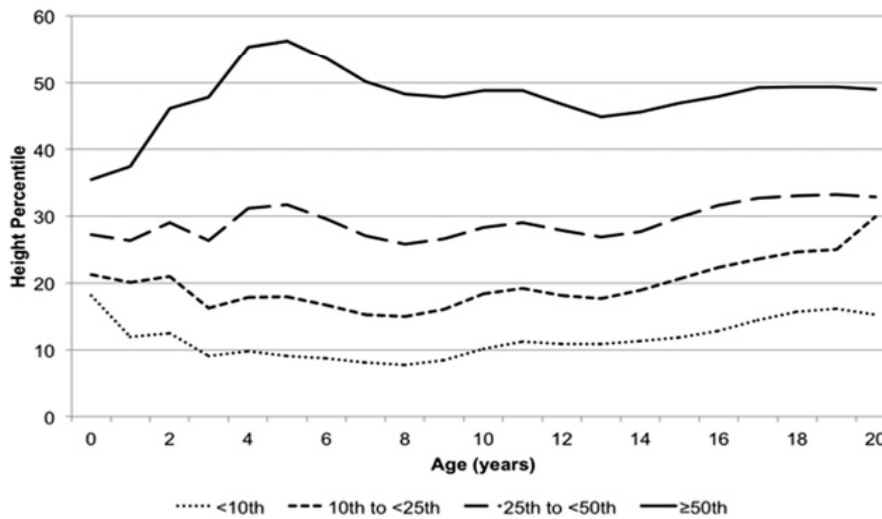
Trastornos funcionales int.
Alteraciones glucémicas
Enfermedad ósea
Trastornos psicológicos

Better Nutritional Status in Early Childhood Is Associated with Improved Clinical Outcomes and Survival in Patients with Cystic Fibrosis

Elizabeth H. Yen, MD¹, Hebe Quinton, MS², and Drucy Borowitz, MD³

J Pediatr 2012

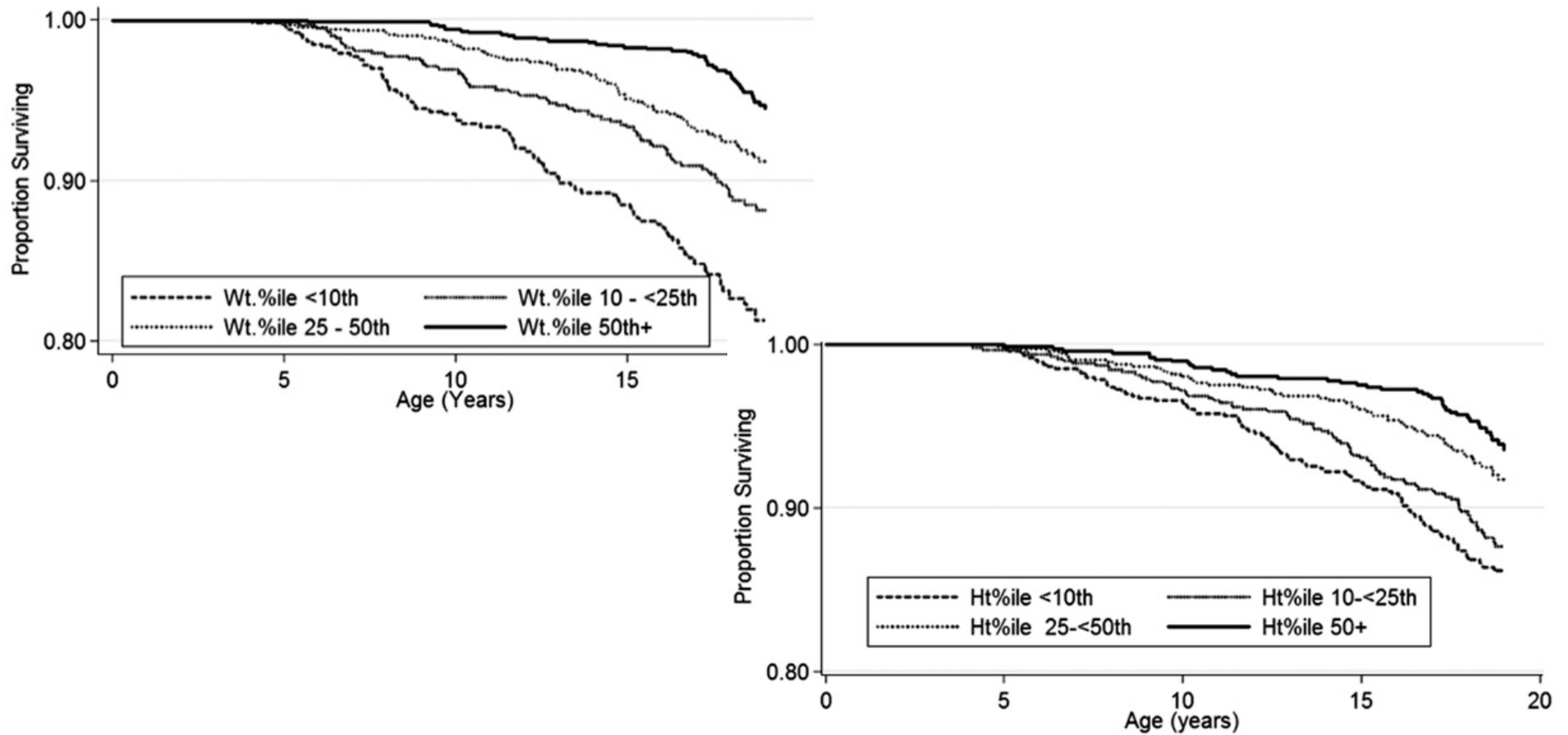
Estudio prospectivo de 3142 pacientes (CFFR)



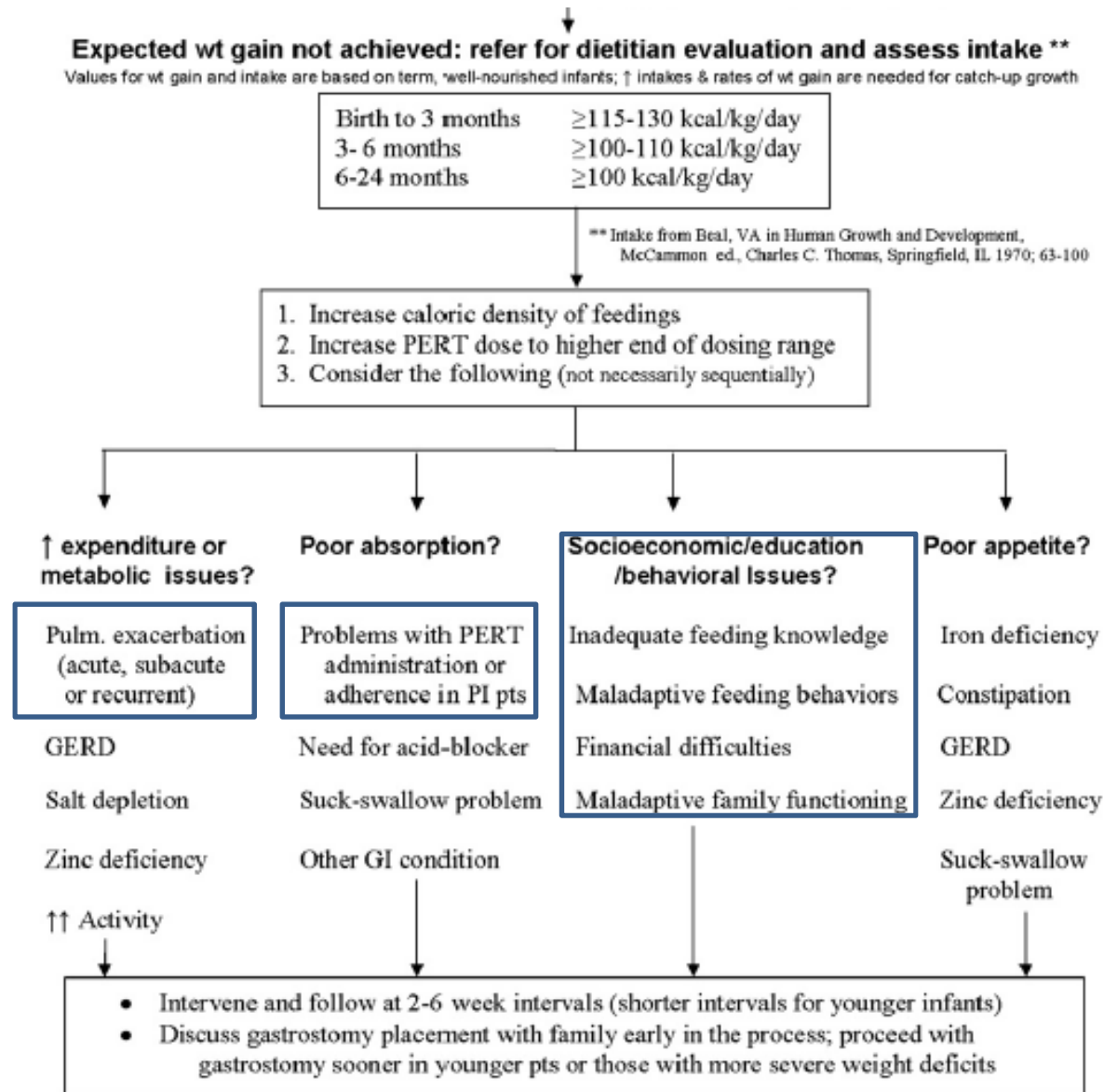
Better Nutritional Status in Early Childhood Is Associated with Improved Clinical Outcomes and Survival in Patients with Cystic Fibrosis

Elizabeth H. Yen, MD¹, Hebe Quinton, MS², and Drucy Borowitz, MD³

J Pediatr 2012



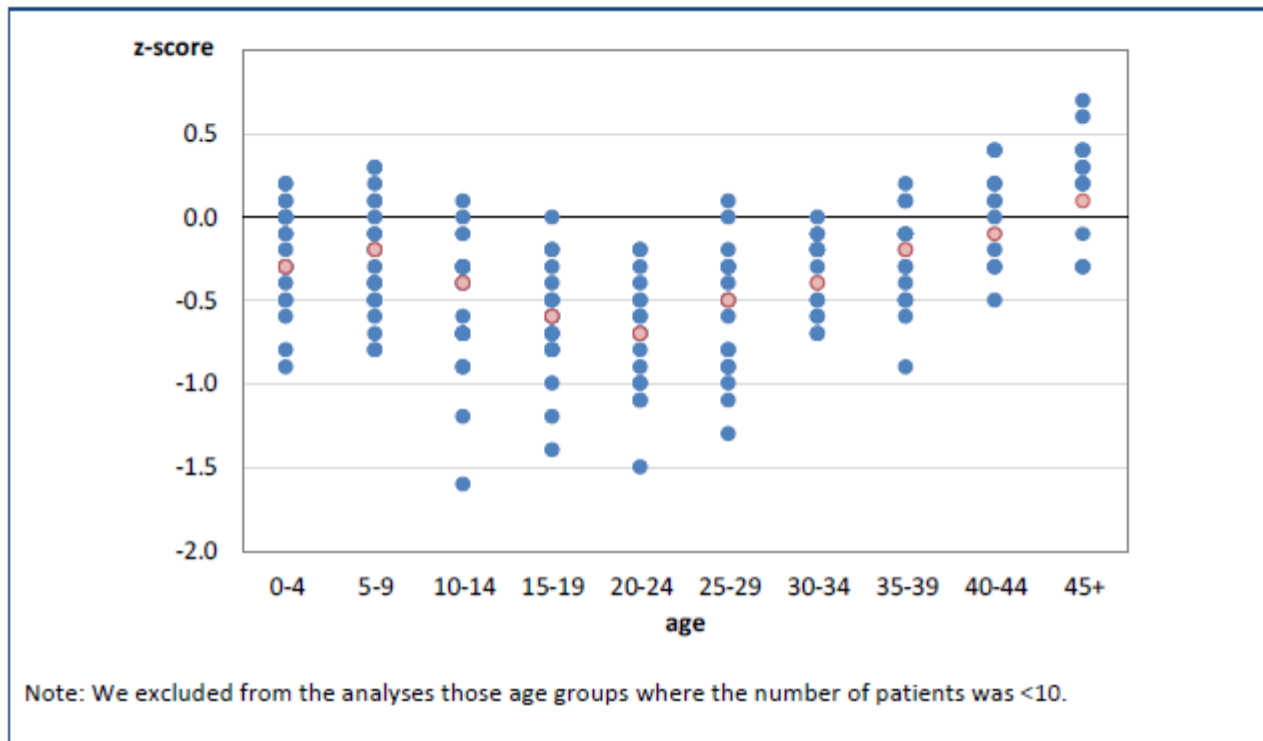
Cystic Fibrosis Foundation Evidence-Based Guidelines for Management of Infants with Cystic Fibrosis



Mediana de Z-score para peso, según edad y por país (2024)



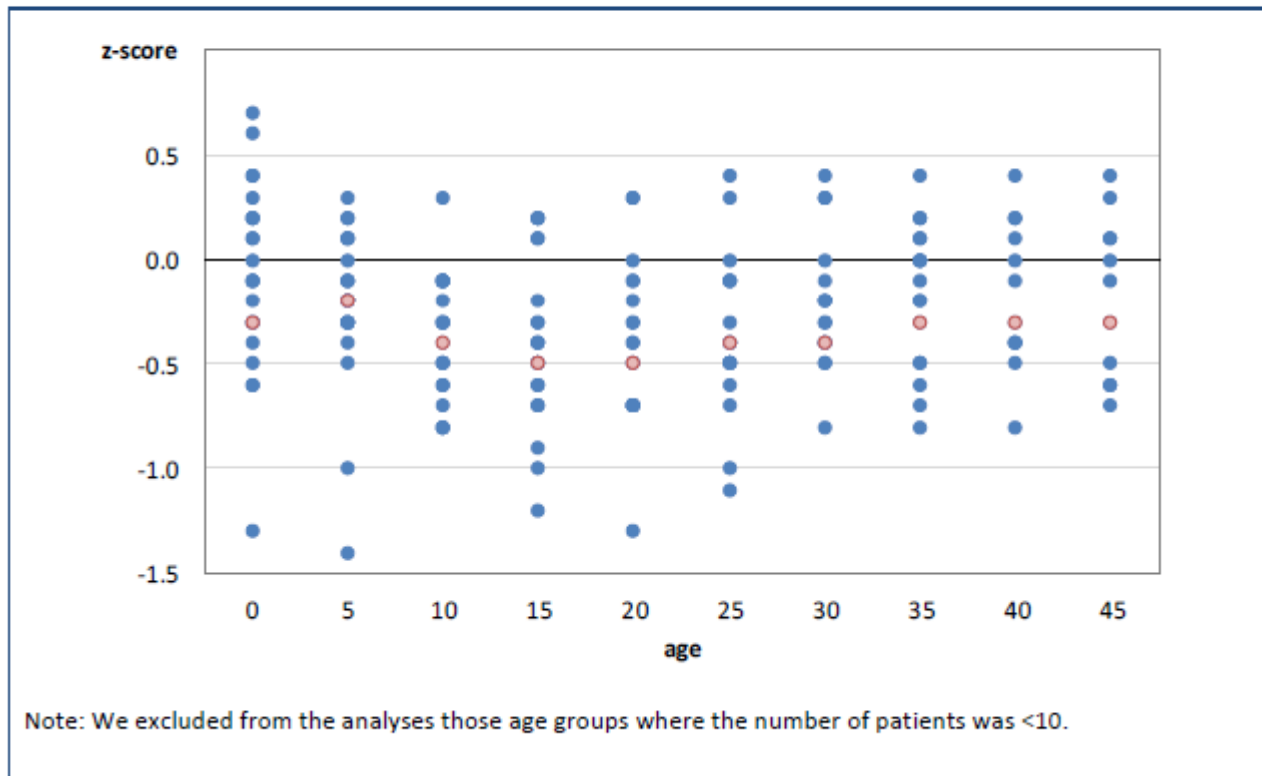
Figure 6.4 Median z-scores for weight by age group and by country. All patients seen in 2014.



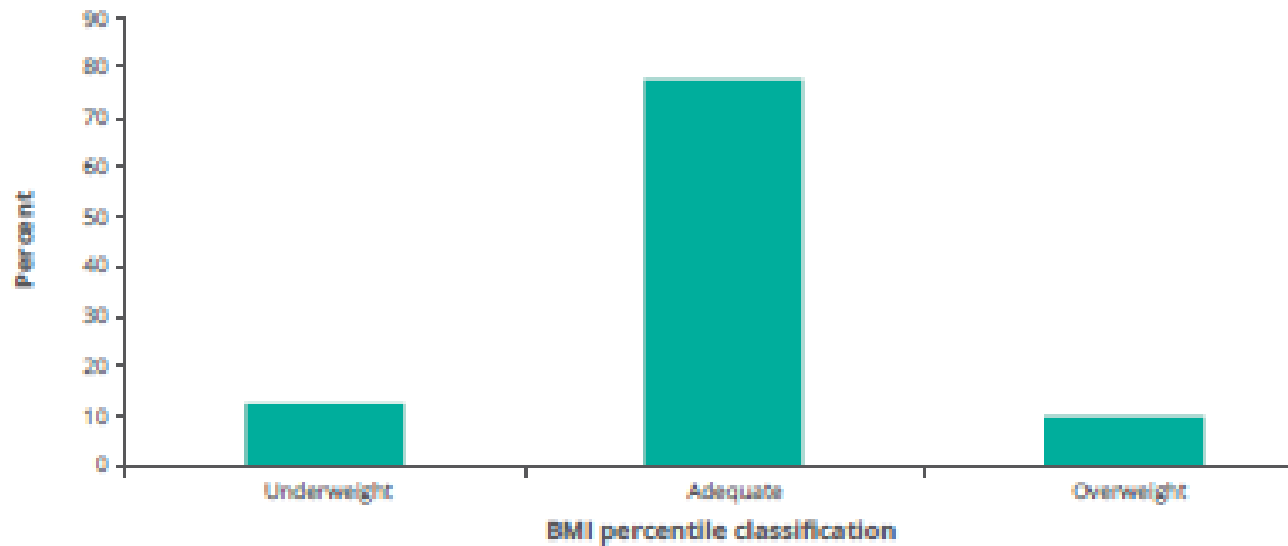
Mediana de Z-score para talla, según edad y por país (2024)

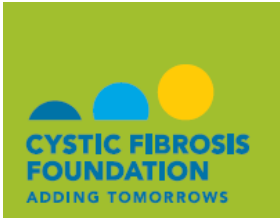


Figure 6.2 Median z-scores for height by age group and by country. All patients seen in 2014.



Estado nutricional de niños según IMC, 2014

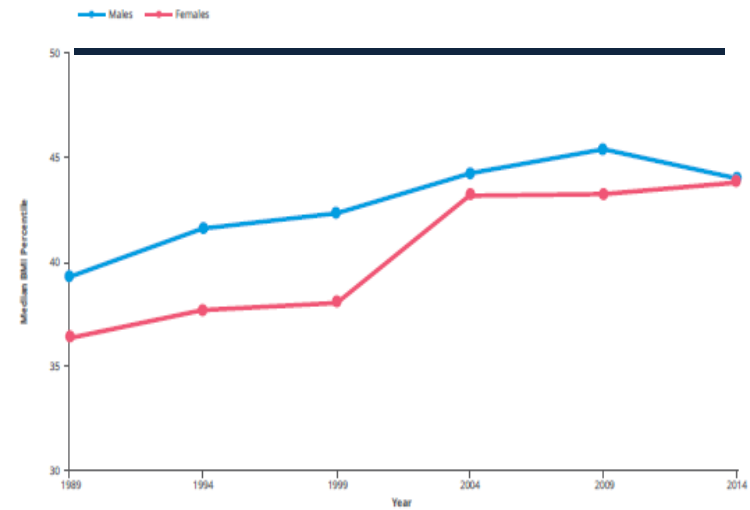
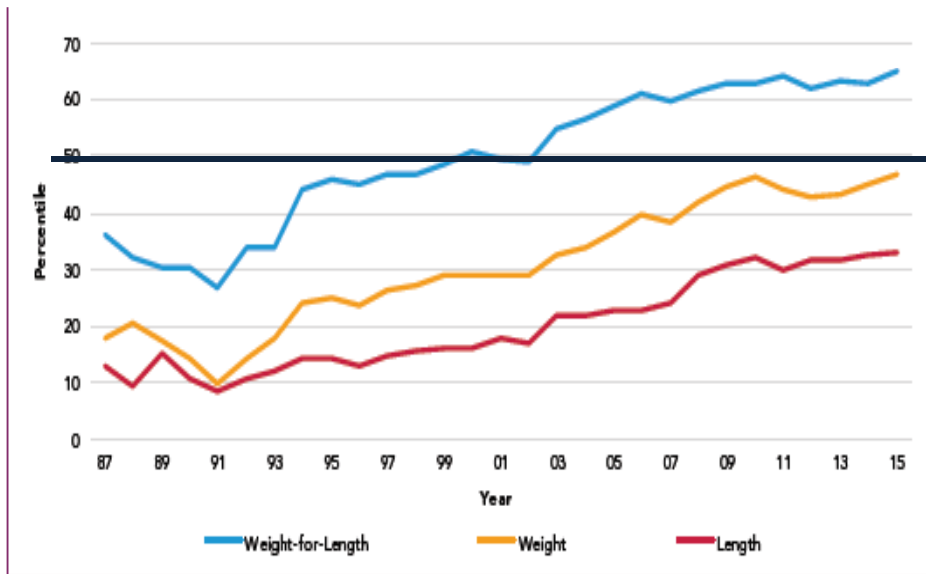




THE CANADIAN CYSTIC FIBROSIS REGISTRY

Mediana de Percentiles para niños < 2 años, 1987-2015

Mediana de Percentiles para niños < 2 años, 1989-2014



RENAFQ: Datos de seguimiento anual 2011-2015/ 1049 pacientes



Estado Nutricional de pacientes atendidos en el año 2016

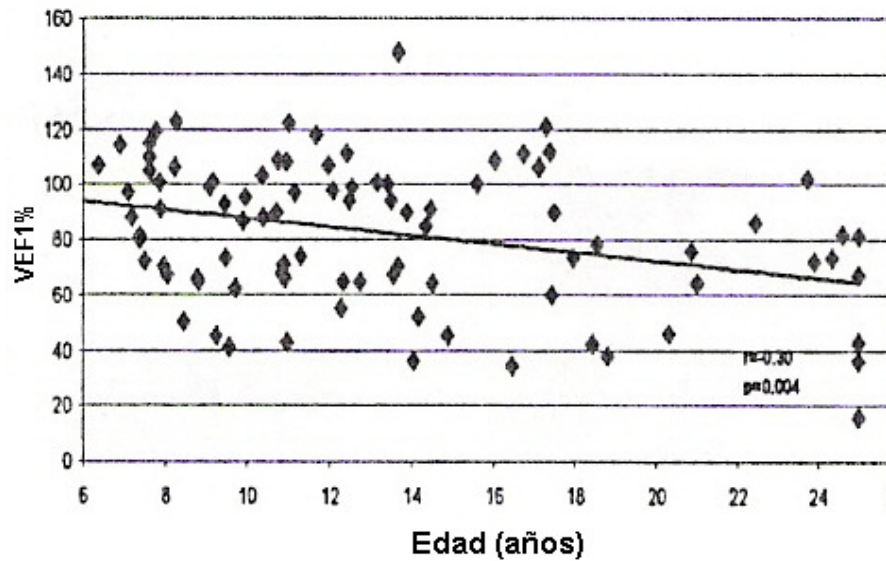
Edad	ZBMI	ZPT	Z peso	Z talla
0-2 años				
M	0.3012	0.1925	0.3494	0.7635
DS	1.5819	1.5683	1.4308	1.5956
Mínimo	-2.1000	-2.3400	-2.9400	-3.9100
2-6 años M	0.0519	-0.0218	-0.8274	-1.2630

Comparación del estado nutricional y la función pulmonar entre dos centros de Fibrosis Quística (Hospital de Niños de La Plata/ Children's Hospital Philadelphia)

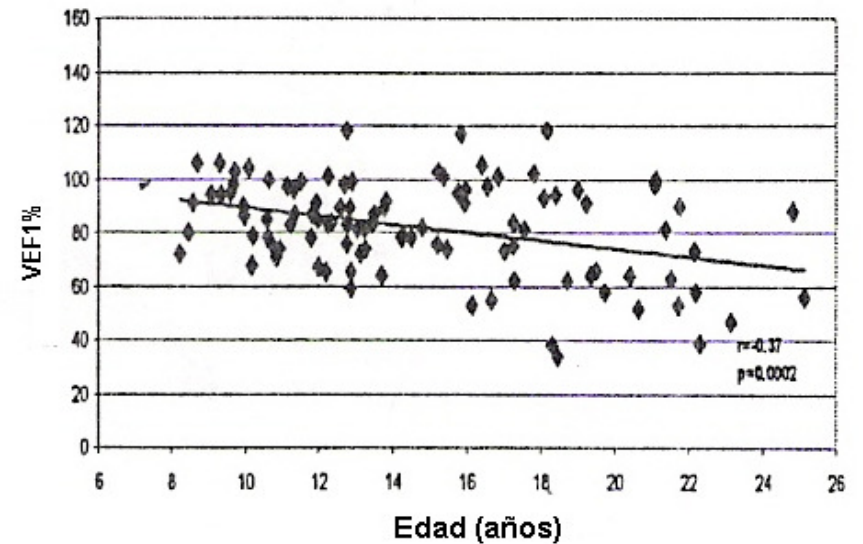


 The Children's Hospital of Philadelphia®
Hope lives here.

HNLP: VEF1 Y EDAD



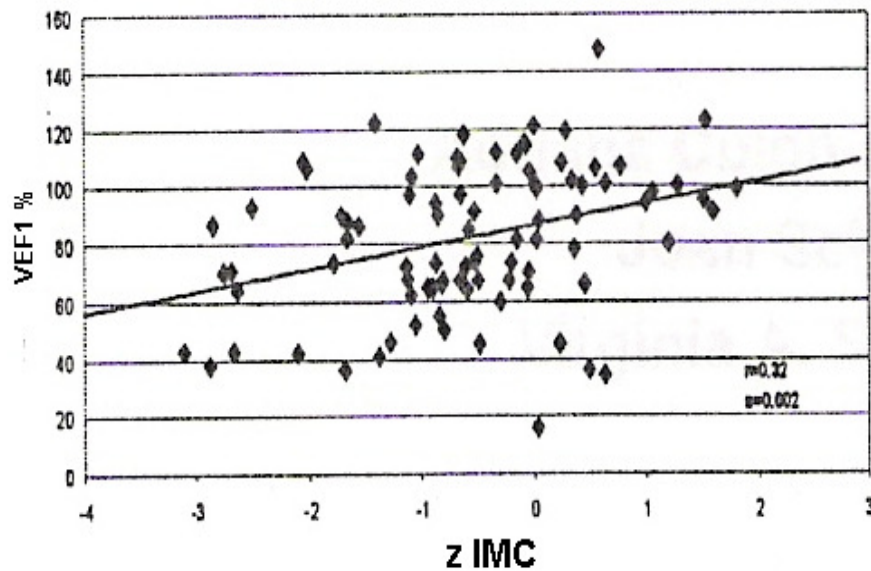
CHOP: VEF1 Y EDAD



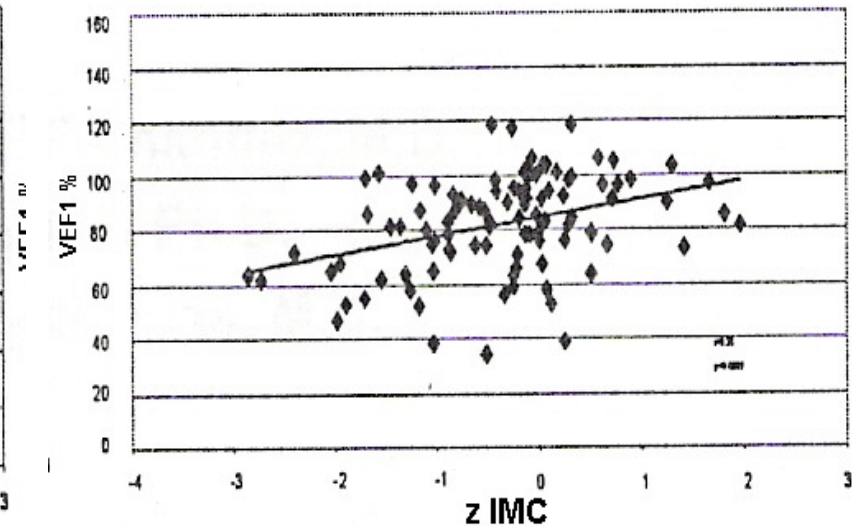
Comparación del estado nutricional y la función pulmonar entre dos centros de Fibrosis Quística (Hospital de Niños de La Plata/ Children's Hospital Philadelphia)



HNLPL: VEF1 y z IMC

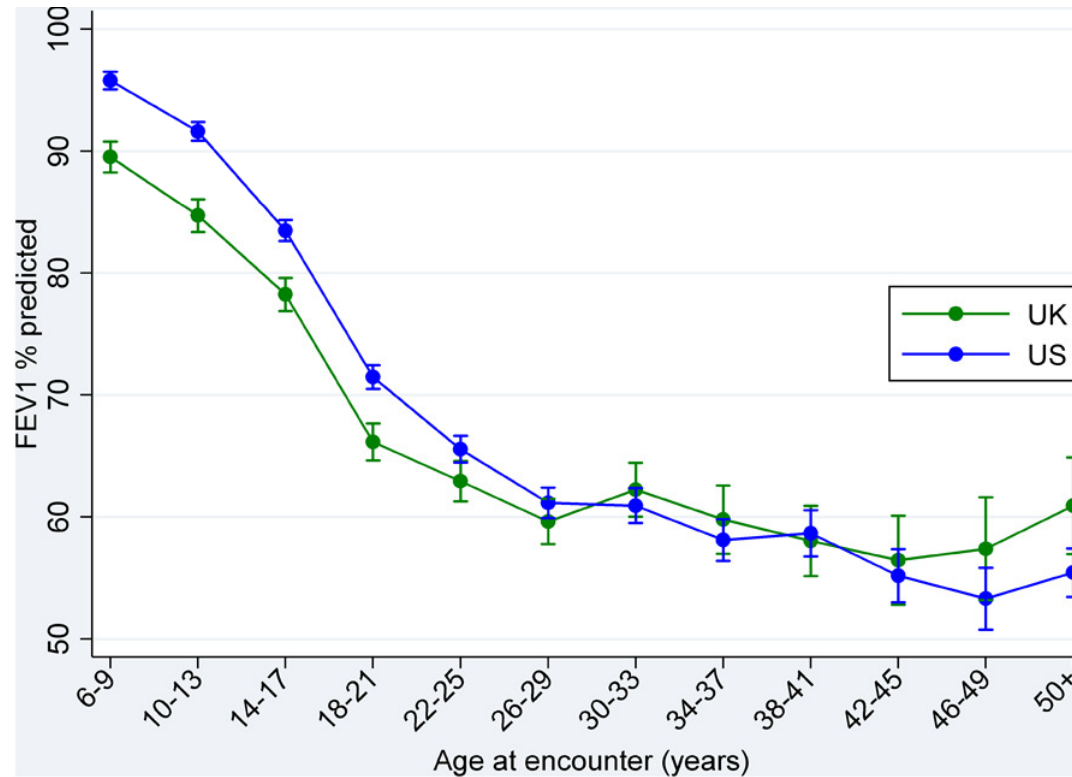


CHOP: VEF1 y z IMC



Children and young adults with CF in the US have better lung function as compared to the UK

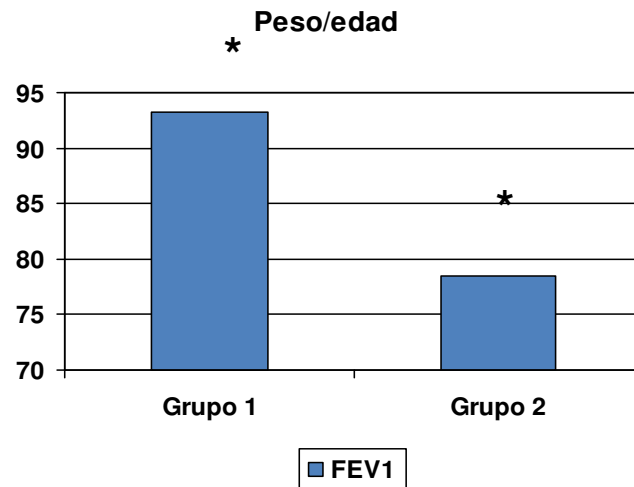
Christopher H Goss¹, Stephanie J MacNeill², Hebe B Quinton³, Bruce C Marshall⁴, Alexander Elbert⁴, Emily A Knapp⁴, Kristofer Petren⁴, Elaine Gunn⁵, Joanne Osmond⁵, and Diana Bilton⁶



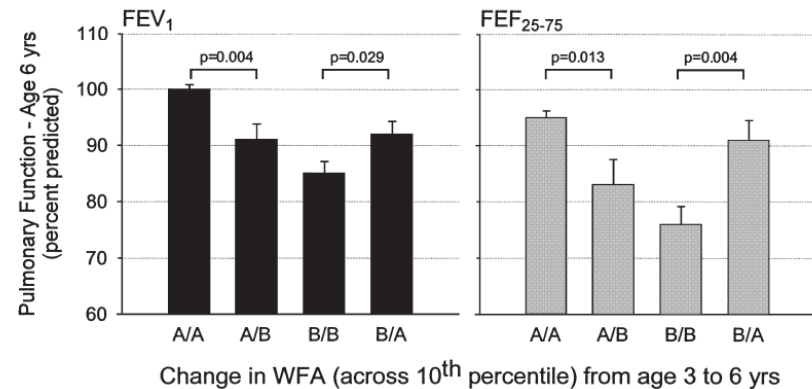
Impacto de la afectación nutricional temprana sobre la función pulmonar en pacientes con fibrosis quística

Finocchiaro, J.; Fernández, A.; Segal, E., y cols., 2008.

FEV1	Grupo 1	Grupo 2	p
P/E	93,2%	78,5%	0,006
T/E	88,5%	85%	0,3
IMC	92%	84%	0,09



* P 0,006



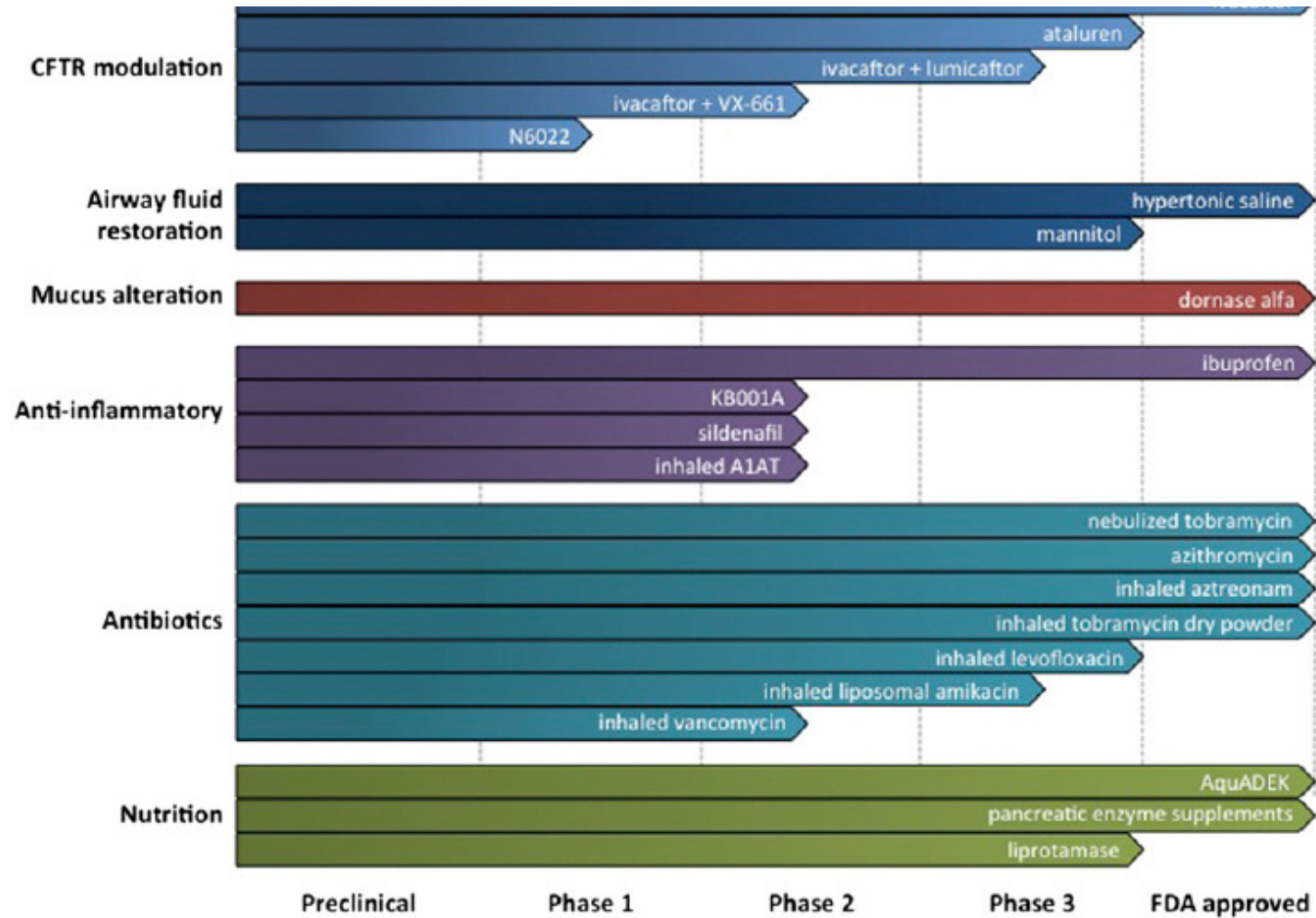
Konstan MW, J Ped 2003

Fibrosis Quística en Argentina

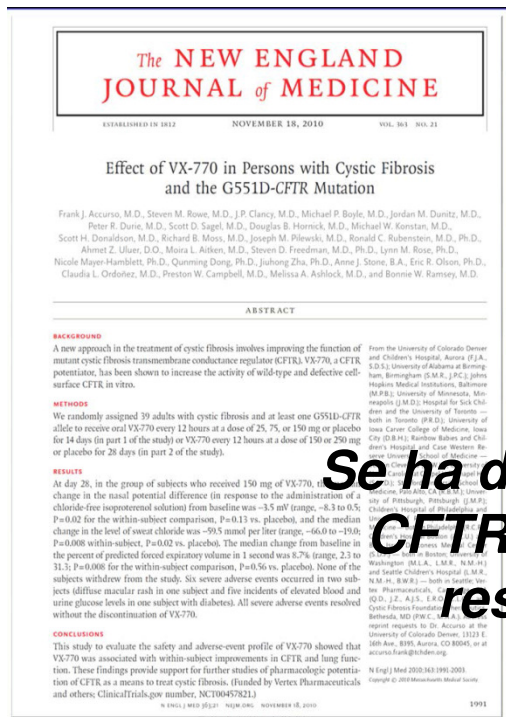
- **Centros interdisciplinarios de atención**
- **Generalizar la pesquisa neonatal**
- **Derivación precoz a Centros especializados**
- **Intervención precoz en ventanas de riesgo**
- **Actitud activa en las indicaciones nutricionales**

The Evolution of Cystic Fibrosis Care

Jessica E. Pittman, MD, MPH; and Thomas W. Ferkol, MD



Avances en el tratamiento del defecto del CFTR

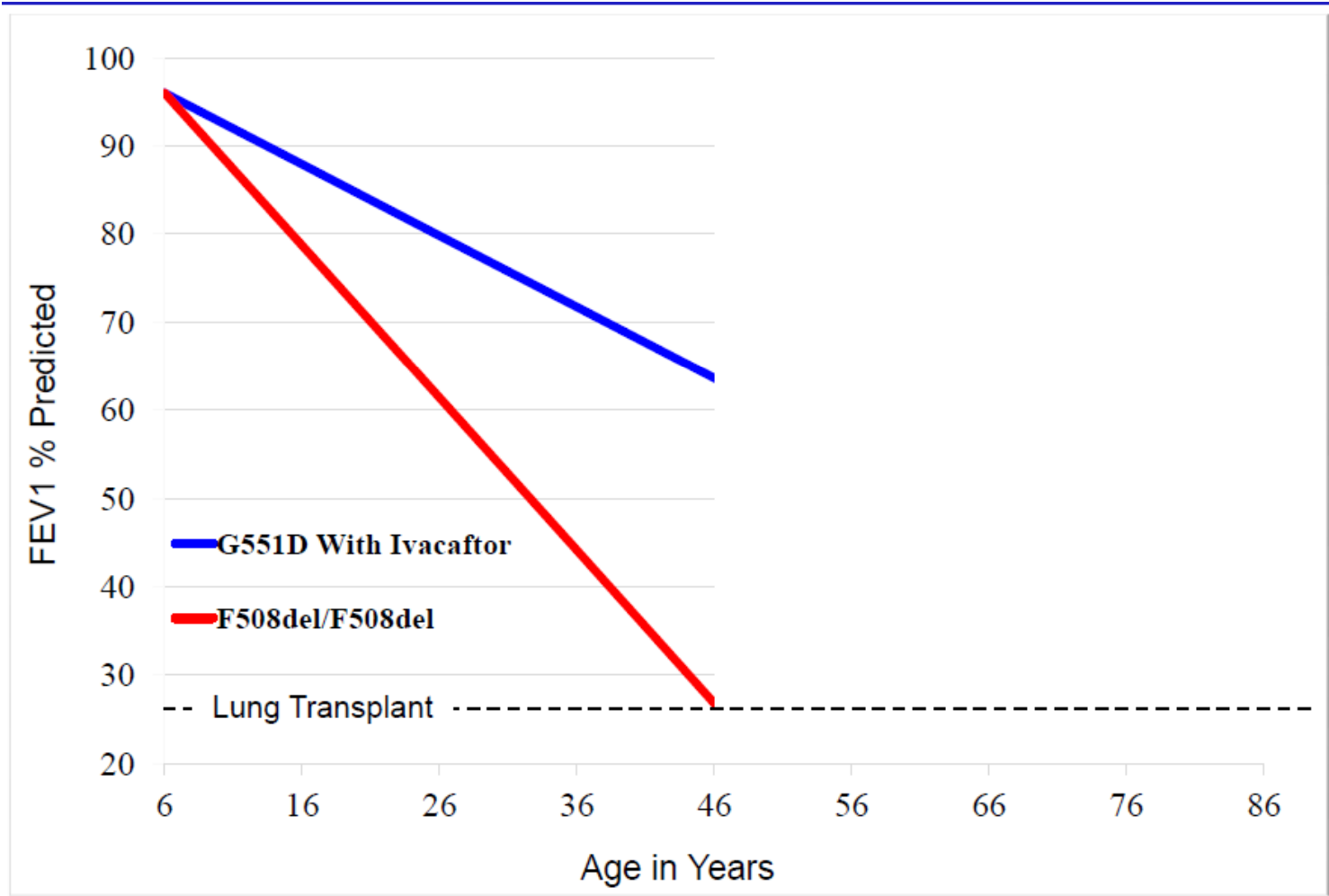


Se ha demostrado que la mejora en la función del CFTR resultó en una dramática mejoría en los resultados clínicos en pacientes con FC

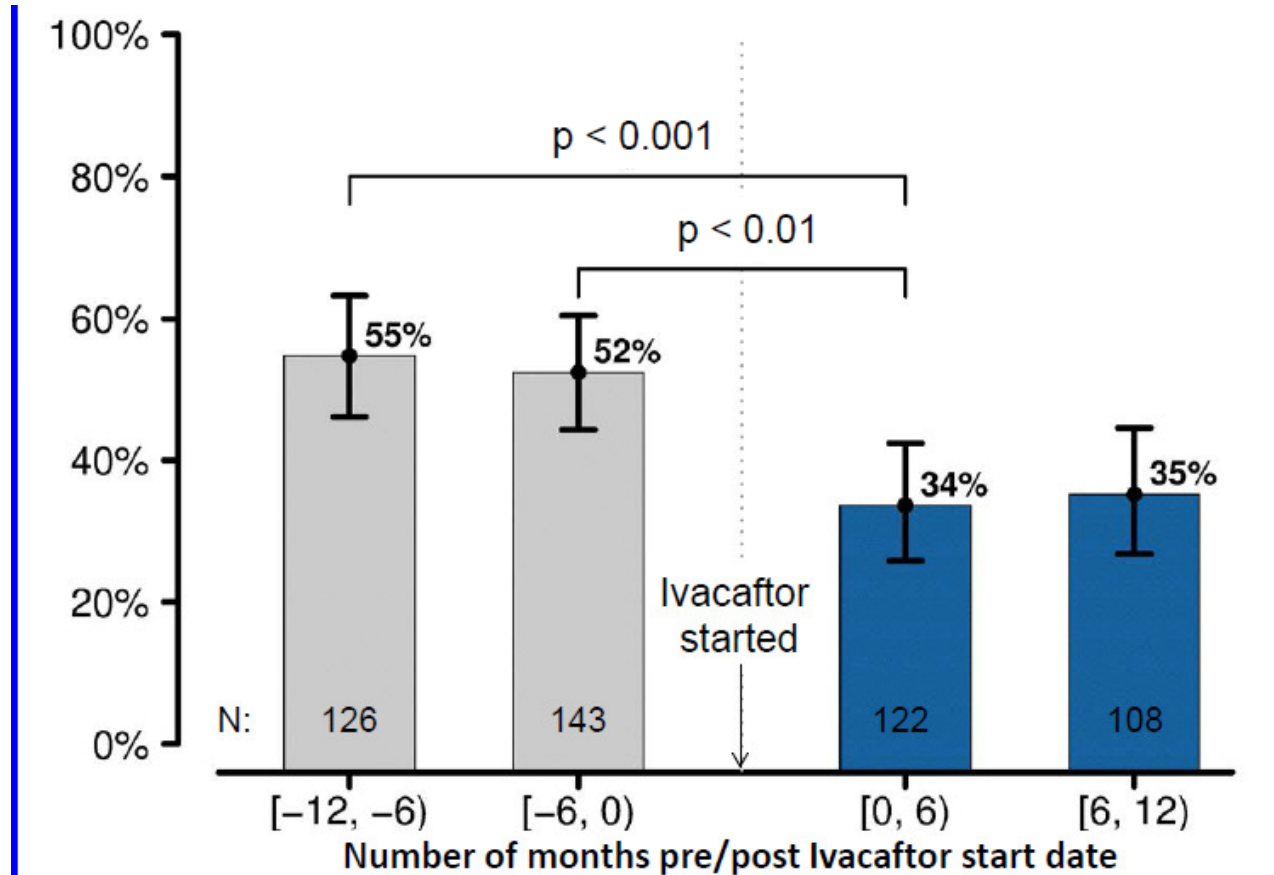


Estos resultados nos han permitido comprender los beneficios clínicos de mejorar la función del CFTR

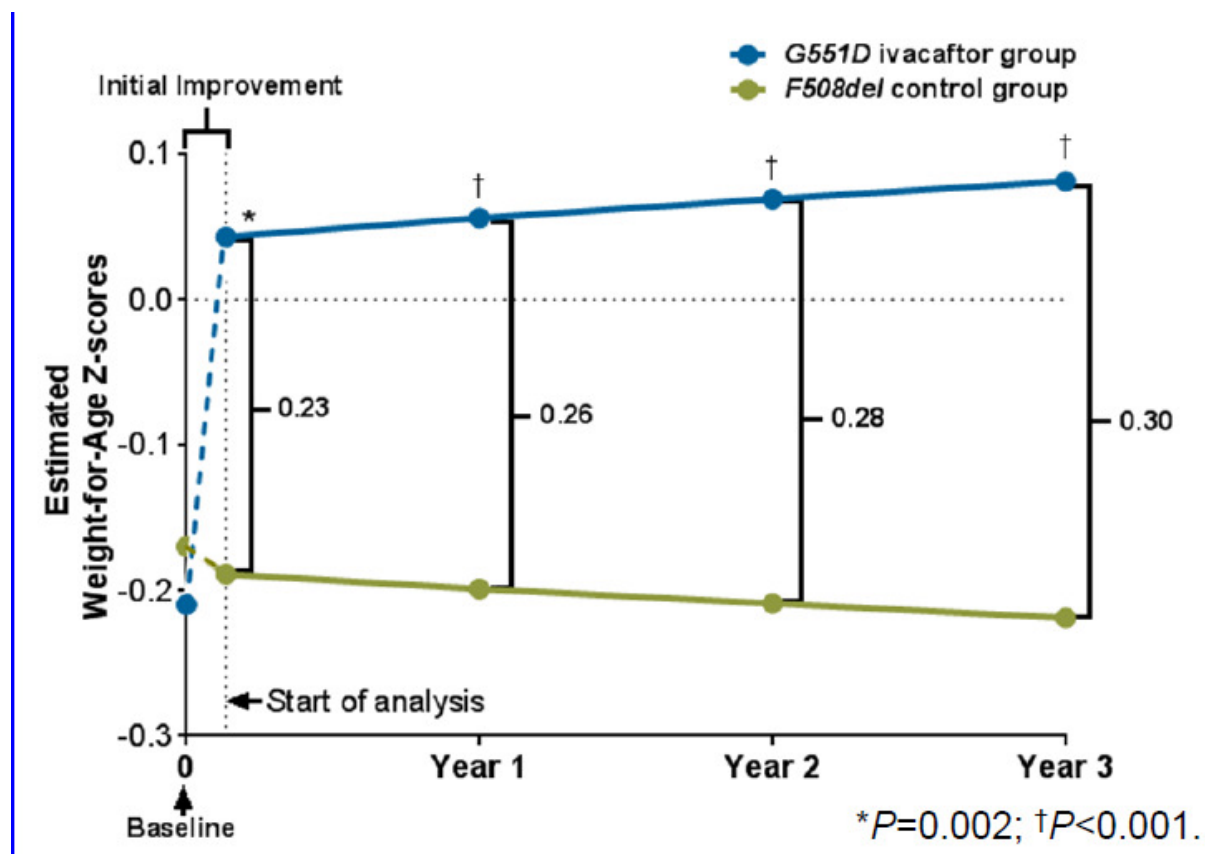
Efectos del Ivacaftor en la caída de la función pulmonar



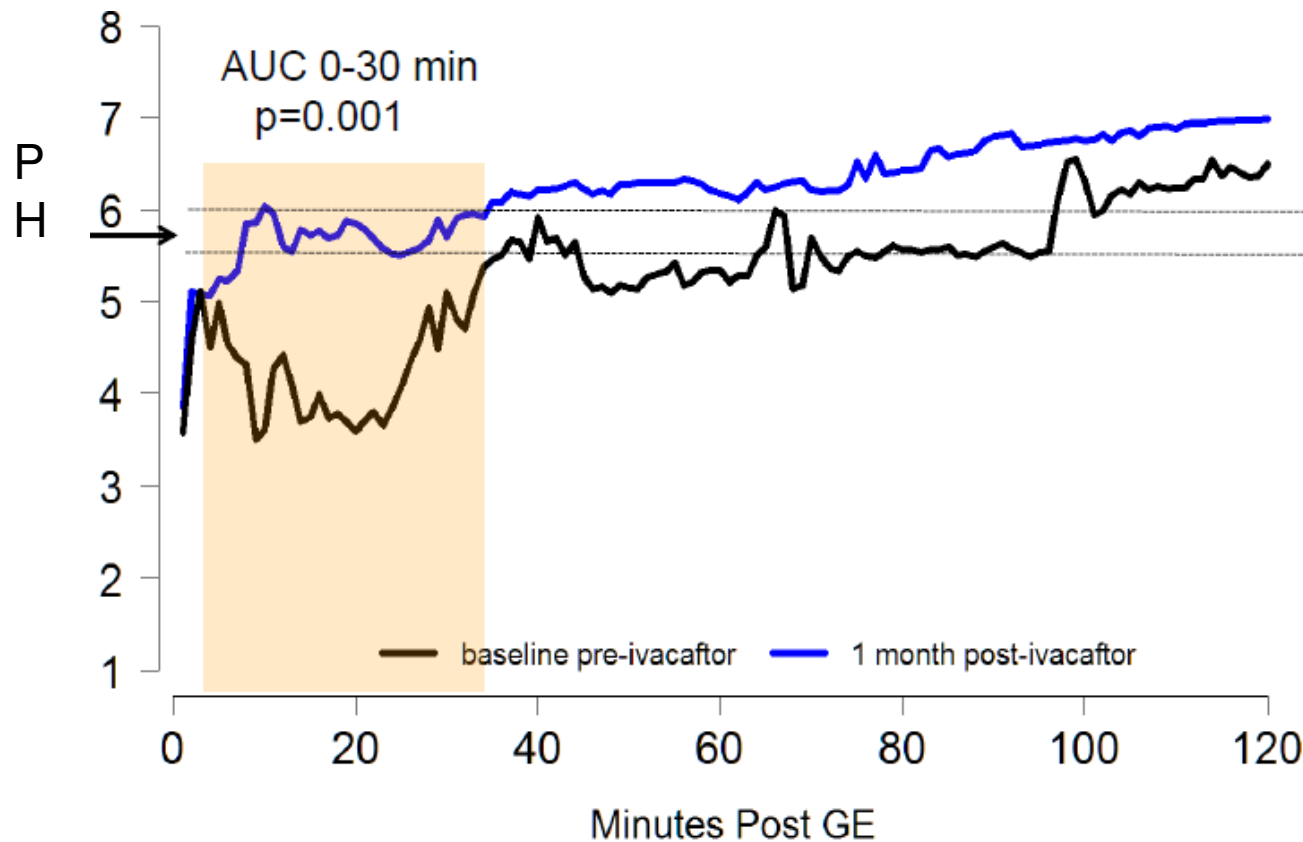
Asociación entre la mejoría de la función del CFTR y la colonización con *P. aeruginosa*



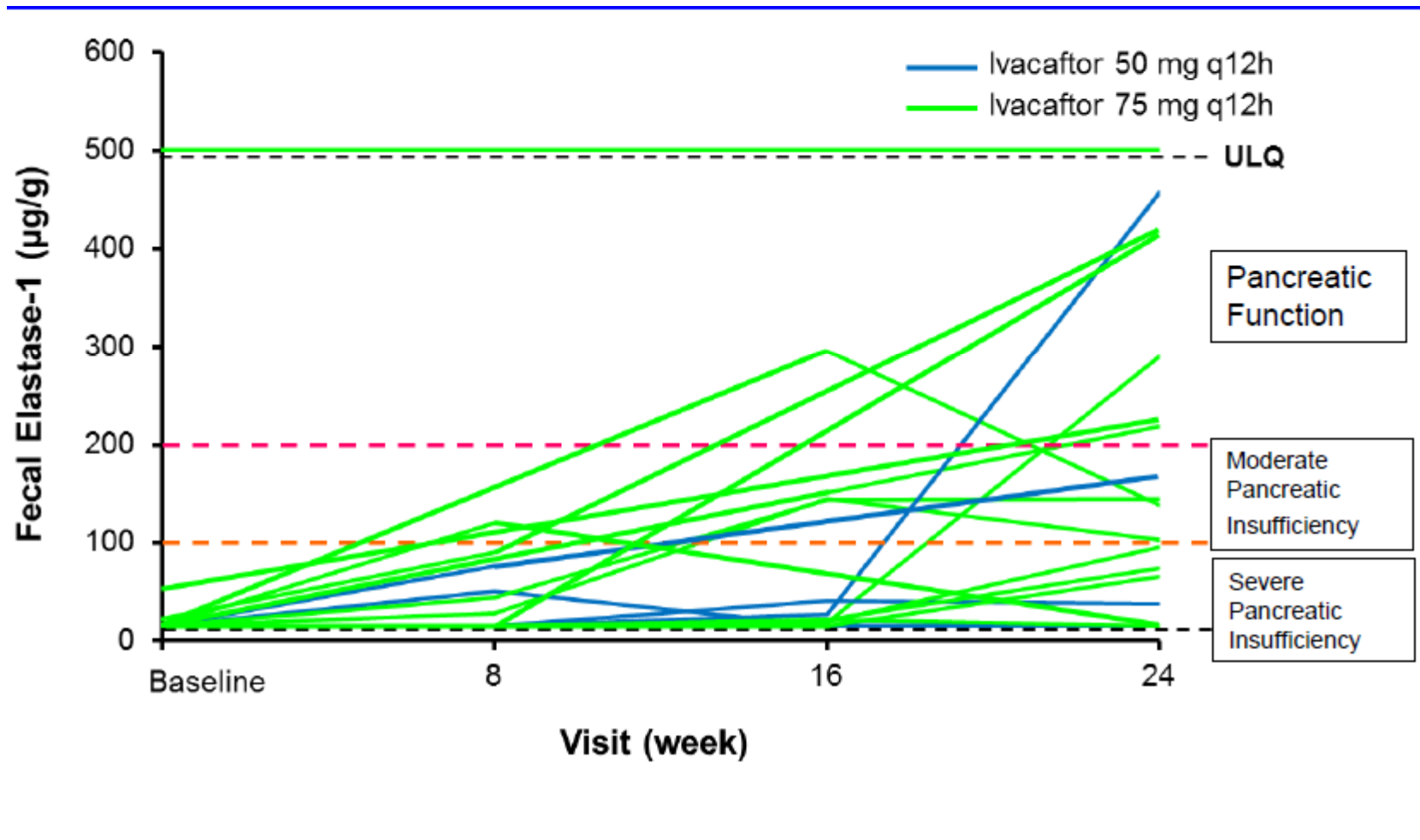
Ganancia de peso asociada al tratamiento con Ivacaftor



La mejoría en la función del CFTR normaliza el PH intestinal en pacientes con FQ



La mejoría en la función del CFTR mejora la función pancreática



Rosenfeld et al, 2014



Asociación de Profesionales de la Fibrosis Quística

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